

## The Second Brain Oct 2010

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the brain is a complex organ that controls thought memory emotion touch motor  
skills vision breathing temperature hunger and every process that regulates our  
body

brain the brain is an organ that serves as the center of the nervous system in all  
vertebrate and most invertebrate animals it consists of nervous tissue and is  
typically located in the head cephalization

your brain is a complex organ that regulates everything you do like your senses  
emotions thoughts memories movement and behavior it even controls body  
processes you don t have to think about

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you understand how the healthy brain works how to keep your brain healthy and  
what happens when the brain doesn t

jul 22 2025 keep reading to learn more about the different parts of the brain the  
processes they control and how they all work together this article also looks at  
some ways of maintaining a healthy

each lobe has its own set of distinct functions and together the lobes of the brain  
make you you damage to the brain can result in serious complications and  
learning the function location of each

jul 2 2024 the brain contains billions of nerve cells arranged in patterns that  
coordinate thought emotion behavior movement and sensation a complicated  
highway system of nerves connects the

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memories shape our decisions and actions

learn about healthy actions you can take for your brain that can lower the risk of

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